

ARM KNITTING: COWLS AND SCARVES



4 Stitch Version - Shown in Passion Nette



9 stitch version- Shown in Passion Nette

Materials:

Colca Canyon: 1—100G skein

OR Scandalicious: 2—100G skeins (We recommend the 4 stitch CO for this yarn)

OR Passion Nette: 1—100G skein

OR Joy Ruffle: 1—100G ball

OR Baby Alpaca Magna: 1—100G skein.

-- 1 pair of arms

Gauge: This is determined by the sizes of your arms. You can adjust your gauge by making the sts looser or tighter on your arms.

Pattern is written for wider cowl, with thinner cowl directions in parenthesis. If only one number is given, it applies to both sizes.

Begin

Using the Arm knitting technique- CO 9 (4) sts. Work in armknitting until almost out of yarn.

(Youtube for arm knitting video: <http://www.youtube.com/watch?v=Mex15k809as>) If you are using Scandalicious yarn, you will need to whip stitch the 2 hanks together so that they are joined.

BO loosely, working the last 2 sts together. To make it into a cowl, sew the CO edge to the BO edge with a thin flat yarn like Fantasy Naturale or Cleo. Weave in all ends.

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Special thanks to The Knitter's Edge in Bethlehem, PA for photos and pattern.