

GALWAY WORSTED Helmet Liner and Matching Cowl



Photo by Penelope Taylor

Size: Hat is sized to fit an adult head.

Finished Measurements: 22" around

Materials: (1) 100g ball Galway Worsted for Hat or Cowl.

One ball will make 2 hats. 1 ball will make 1 cowl

Only cowls & helmet liners made from 100% wool will be accepted. Acrylic yarn melts at high temperature and is unacceptable for this project.

Color must be appropriate to the military: tan, brown, gray, olive, or black.

Size US 8 -16" circular needles OR SIZE TO OBTAIN GAUGE

Size US 8 double pointed needles for top of hat.

1 stitch marker

Gauge: 18 sts = 4" in St st

HAT:

With circular needle, loosely cast on 90 sts. Being careful not to twist, place marker and join.

Rnd 1-5: K1, P1 rib around.

Continue St st until piece measures 5" above ribbing.

Shape Top

Change to double pointed needles when necessary.

Rnd 1: *(Knit 8, K2tog); repeat from * around.

All even Rnds 2-8: Knit.

Rnd 3: *(Knit 7, K2tog); repeat from * around.

Rnd 5: *(Knit 6, K2tog); repeat from * around.

Rnd 7: *(Knit 5, K2tog); repeat from * around.

Rnd 9: *(Knit 4, K2tog); repeat from * around.

Rnd 10: *(Knit 3, K2tog); repeat from * around.

Rnd 11: *(Knit 2, K2tog); repeat from * around.

Rnd 12: *(Knit 1, K2tog); repeat from * around.

Rnd 13: *(K2tog); repeat from * around.

FINISHING

Cut yarn leaving an 8" tail. Using a yarn needle, thread tail through remaining sts.

Pull tight and fasten off. Weave in ends.

Cowl: (NOT SHOWN) With the same circular needle loosely cast on 108 sts. Work in K2/p2 ribbing for 9". Bind off loosely in ribbing. Weave in all ends.

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